

**School food  
programs support  
children and youth  
to be well-  
nourished, ready  
to learn, and set up  
for success.**



**THE COALITION**  
FOR HEALTHY SCHOOL FOOD



## **Benefits of School Food Programs include:**

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- The opportunity for students from all income backgrounds to try new foods and build eating habits that can support them throughout their lives.
- Improved:
  - Access and consumption of nutritious food
  - Academic performance
  - School attendance
  - Classroom behaviours
  - Mental health
  - Social connections
  - Overall student well-being

**School food programs in Ontario need more support!**

Find out how to become part of the school food movement.

